



Ark Pioneer Learning at Home Extended Curriculum

Music

Work to be completed

- Task 1:** Answer the questions and practice gumboot
- Stretch:** Compose your Gumboot dance.

Resources/Links to help with work

Link 1 – Gumboot dancing example

<https://www.youtube.com/watch?v=uuSuKKFzaho>

How will this work be checked?

Each week you will be given 'red pen work' to carry out corrections on the learning that you are doing at home.

If you complete your work to a really high standard please email a picture to your form tutor or to info@arkpioneer.org and we will upload the best examples to celebrate on our website!

How much time should I be studying and what happens if I don't finish all my work?

For core curriculum subjects you are expected to do 30min each day as a minimum. Those subjects are English language, English literature, Maths, Science, History and Geography. These subjects all have a weekly quiz and will be checked in on by your form teacher when they call each week.

All other subjects are 'Extended Curriculum' and they should be done after you have finished the Core Curriculum tasks for the day. You should plan to do work in different subjects each day. We recommend that pupils do one hour per week in each of the 'extended curriculum' subjects.

We recognise that it is not possible for all pupils to complete all work given the exceptional circumstance. Please speak with your form tutor about the work if it is becoming unmanageable.



Aim high



Have integrity



Be kind



Model determination

Task 1: Answer the questions and practice Gumboot

1. Why is a pulse in music important?

I think a pulse in music is important because

Why did you need a pulse when you were performing the gumboot pattern?

What might happen if a performance if the pulse is not steady?

2. Perform the gumboot dance pattern you learnt last week

Step 2: stamp your feet R L R L and so on, fairly quickly, and count '1 2 3 4', '1 2 3 4' (a **pulse**)



Step 3: slap your right boot or thigh after beat 4

Step 4: repeat this pattern 4 times in a row


Step 5: after beat 1 (right foot) tap the inside of your left ankle with your right hand!



Aim to perform it **fluently**, and in time with a pulse, 8 times in a row. (Remember, the pulse can come from a piece of music playing on your phone or the radio.)



You might notice that the 'gumboot taps' are in between the stamps. Keep stamping a pulse and add in more taps and claps. For example:

1	+	2	+	3	+	4	+
R Stamp	Left ankle	L Stamp	Right ankle	R Stamp		L Stamp	Right boot

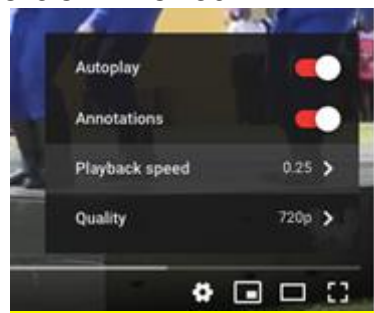
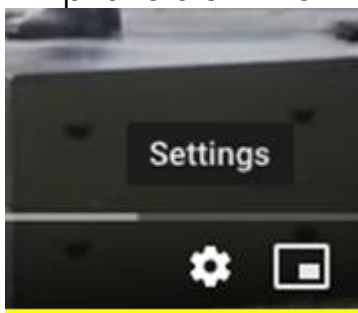
Compose your own pattern:

1	+	2	+	3	+	4	+
R Stamp		L Stamp		R Stamp		L Stamp	

If you'd like to learn more of this dance, here it is:

<https://www.youtube.com/watch?v=fYYymWvhAI>

A tip is to slow the video down to learn it:



What is a structure? (Think about when you performed and composed your stomp piece in a group.) Underline the one that you think is right!


*** A structure is:

- a. A section in a piece of music
- b. The order of sections in a piece of music
- c. The last part of a piece of music









Why is structure important in music?

- It gives a piece of music an order, shape and balance
- A listener then knows that a piece of music is moving forward










Stretch: Create your own gumboot dance





Compose your own 16-beat gumboot dance **section**, using the actions above. You can draw the action or write it down ( or 'left stamp').

Repeat the first phrase at the end:

Phrase 1	 R		 L	
Phrase 2	 R		 L	
Phrase 3	 R		 L	
Phrase 1 repeated	 R		 L	

Here's my example:

Phrase 1	 R		 L	
Phrase 2	 R	Tap right boot	 L	Tap right ankle
Phrase 3	 R	Tap left ankle	 L	

Phrase 1 repeated	 R		 L	
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Let's place this **section** into a musical **structure**:



A	B	A
The pattern you have learnt, 4 times	Your 16 beats	The pattern you have learnt, 4 times



This ABA structure is called **ternary form**.

Now perform the piece all the way through, without stopping, to someone you live with.

Ask them to say what you did well, and what you could do to improve the composition:

 What I did well	
 What I can do to improve the composition	

*** A structure is:

The order of sections in a piece of music

The answer was b)