



Ark Pioneer Learning at Home Extended Curriculum

Music

Work to be completed

- Task 1:** Learn the Gumboot pattern.
- Task 2:** Learn more about Gumboot Dancing and answer the questions.
- Stretch:** Create your own Gumboot pattern.

Resources/Links to help with work

Link 1 – Gumboot dancing example

<https://www.youtube.com/watch?v=uuSuKKFzaho>

How will this work be checked?

Each week you will be given 'red pen work' to carry out corrections on the learning that you are doing at home.

If you complete your work to a really high standard please email a picture to your form tutor or to info@arkpioneer.org and we will upload the best examples to celebrate on our website!

How much time should I be studying and what happens if I don't finish all my work?

For core curriculum subjects you are expected to do 30min each day as a minimum. Those subjects are English language, English literature, Maths, Science, History and Geography. These subjects all have a weekly quiz and will be checked in on by your form teacher when they call each week.

All other subjects are 'Extended Curriculum' and they should be done after you have finished the Core Curriculum tasks for the day. You should plan to do work in different subjects each day. We recommend that pupils do one hour per week in each of the 'extended curriculum' subjects.

We recognise that it is not possible for all pupils to complete all work given the exceptional circumstance. Please speak with your form tutor about the work if it is becoming unmanageable.



Aim high



Have integrity



Be kind



Model determination

Task 1: Learn this pattern.

Step 1: find a pair of wellies! (It's fine if you don't have a pair.)

Step 2: stamp your feet R L R L and so on, fairly quickly, and count '1 2 3 4', '1 2 3 4' (a **pulse**)



Step 3: slap your right boot or thigh after beat 4

Step 4: repeat this pattern 4 times in a row

Step 5: after beat 1 (right foot) tap the inside of your left ankle with your right hand!

Step 6: repeat this pattern 4 times in a row

Step 7: perform this **in time** with a piece of music (from a phone or a radio); this will help you to stay in time



Keep practising until you can perform this pattern fluently and in time.

Task 2: Learn more about Gumboot Dancing and answer the questions below.

Gumboot dancing is from South Africa and is performed in wellington boots. (In South Africa, these are called gumboots.)

From the 1880s, men who worked underground in the gold mines wore gumboots to stop their feet getting wet. They were not allowed to talk to one another, so they used their gumboots to communicate by:

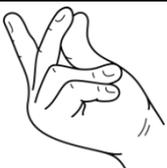
- Stamping their feet
- Slapping their boots
- Clapping their hands

These codes then developed into dances. They added chest slaps and clicks too.

Answer these questions in full sentences, or talk to someone you live with about the answers:

1. How could you create more sounds from a pair of gumboots?
2. Why might you add small bells to the gumboots?
3. Why do you still see gumboot dancing in South Africa?

Stretch: Create your own Gumboot pattern.

Stamp	Clap	Boot (thigh) slap	Ankle tap	Click
				

Write down or draw a code for these sentences, using the actions above. Make sure that your code fits into 4 beats.

Practice performing your codes **in time**, and then perform your code to someone in your home!

	Beat 1	Beat 2	Beat 3	Beat 4
Example ... I'm going for a run.	Stamp	Stamp	Clap clap	Click
Please can I have my lunch?				
I've finished my school work.				
Can I please use your phone?				
I'm bored!				