

## Y9 Character & Values Programme – Autumn Term 2 – How do relationships change?

<b>Values &amp; Character Session 1</b>	<b>Changing behaviour</b> <ul style="list-style-type: none"> <li>- Link to puberty</li> <li>- Understanding why</li> <li>- How it impacts relationship with parents</li> </ul>	<b>Changing Feelings</b> <ul style="list-style-type: none"> <li>- Sexual feelings</li> <li>- Attraction/ Confusion</li> <li>- Impact friendships</li> <li>- Might not feel the same</li> <li>- Doesn't mean you have to act on it</li> <li>- Age of consent</li> </ul>	<b>Safe sex culture</b> <ul style="list-style-type: none"> <li>- Contraception (what is contraception and what are the types of contraception)</li> <li>- STIs (what are STIs, how are they transmitted, examples of STIs HIV/Aids, chlamydia, gonorrhoea, pubic lice, HPV, herpes, genital warts, syphilis)</li> <li>- Emotional consequences</li> </ul>	<b>Healthy Relationships</b> <ul style="list-style-type: none"> <li>- The differences between the relationships that we are in.</li> <li>- How do relationships change and evolve?</li> <li>- What is the impact of external factors on relationships</li> </ul>	<b>Healthy Relationships</b> <ul style="list-style-type: none"> <li>- What are the components of a healthy relationship?</li> <li>- Where does curiosity fit into a healthy relationship?</li> </ul>	<b>Being a teenager</b>  Challenges and Opportunities today	<b>Reflection on the term</b>
<b>Values &amp; Character Session 2</b>	<b>Discussion</b>  What aspects of puberty can we take control of?	<b>Discussion:</b>  Teenagers are too naïve to have proper relationships. Do you agree or disagree?	<b>Discussion</b>  What can we do to encourage a culture of safe sex?	<b>Discussion</b>  Who is in control of the relationships that we are in?	<b>Discussion</b>  Honesty is the most important component of a healthy relationship, do you agree?	<b>Discussion</b>  Teenagers don't understand the concept of altruism. Do you agree or disagree?	<b>Reflection on the term</b>